



WHO IS DREW HOROWITZ:

Drew Horowitz is a licensed counselor with a strong desire to help people navigate the road to recovery.

Drew holds a Master's degree in addiction counseling from the Hazelden Graduate School for Addiction Studies.

In addition, Drew holds several mental health certifications and honors from nationally known organizations. Drew works to educate and treat individuals, and their families, who are suffering from a variety of different conditions. Some of the most common disorders are eating disorders, mental health conditions & substance abuse.

Drew specializes in providing detailed assessments and determining the most appropriate treatment option.

Drew's Additional Licenses, Certifications, & Specializations:

*Licensed Drug & Alcohol Counselor • Certified Intervention Professional
Registered Addiction Specialist • Certified Psychiatric Rehabilitation Counselor
Certified Peer Recovery Specialist • Non-Violent Crisis Intervention*



INTERVENTION

*Helping individuals & families
take the first step towards recovery.*



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INTERVENTION

For some individuals and families, the education process is enough to help support their efforts to get help for their friend or family member. But for others, it is clear that the person they are concerned about is incapable of admitting they are in trouble and needs help. Decades of experience have shown that intervention is a powerful tool to help.

WHAT IS AN INTERVENTION?

Intervention is a professionally directed, educational process resulting in a face-to-face meeting of family members, friends and/or employer with the person in trouble with alcohol or drugs. Intervention helps the person make the connection between their use of alcohol and drugs and the problems in their life. The goal of intervention is for them to accept help.

HOW DOES INTERVENTION WORK?

Much of the intervention process is education & directive. The interventionist controls the setting, while family and friends share information and support. Nothing is “adlibbed” during an intervention and everything is planned in advance.

CAN INTERVENTION BE SUCCESSFUL?

Absolutely. When completed with a person who is trained and successfully experienced as an interventionist, over 90% of people make a commitment to get help.

Do not go this route alone, let us help!

TYPES OF INTERVENTION:

THE TRADITIONAL INTERVENTION

This is the most common type of intervention where family and friends gather together to express their love and concern for the person abusing substances. This “surprise” type of intervention is often times successful and allows the person to seek treatment right away. In preparation for this type of intervention, we do a full “dress rehearsal” where the interventionist plans the event down to the smallest of details.

THE LESS AGGRESSIVE INTERVENTION

In this process, the interventionist works with the family and the addicted individual over the course of 2-5 weeks. The interventionist customizes an approach, which is specifically designed to raise awareness and incorporate accountability for the person using substances. Simultaneously, the interventionist works with the family to educate on setting boundaries and ending any type of enabling behaviors.

THE INDIVIDUAL INTERVENTION

This is a specialized approach in which the interventionist works individually with person of concern. This process can take 1-7 weeks depending on how fast the interventionist can build a rapport and establish trust. The interventionist uses very specific counseling techniques to move the individual into a willing place to seek treatment.

